

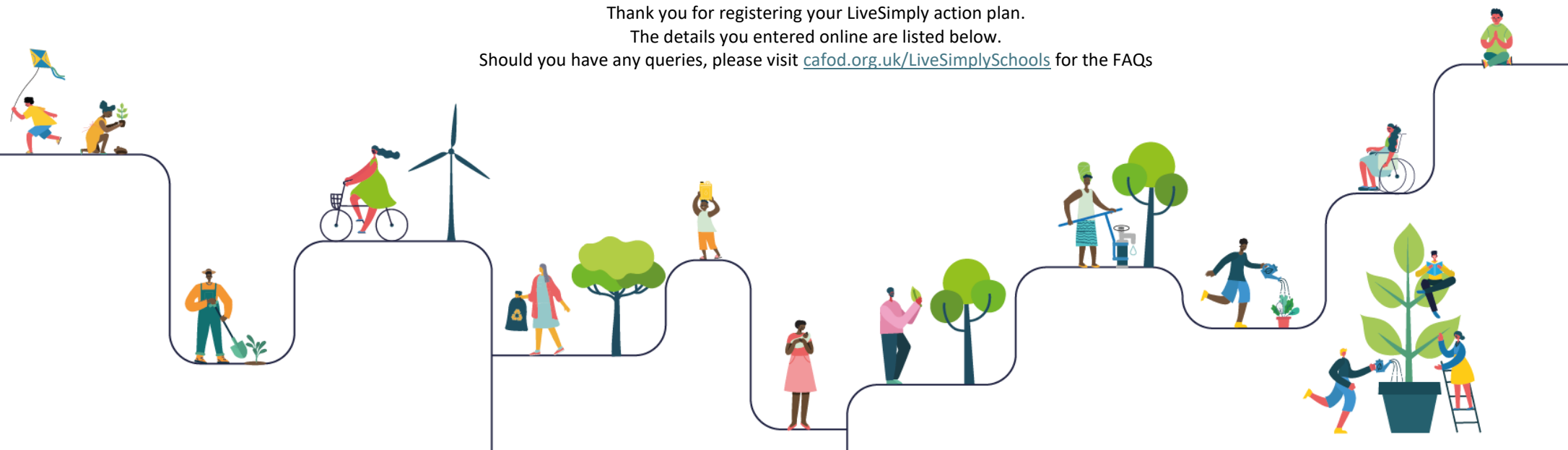
LiveSimply

SCHOOL NAME: St Cecilia's Catholic Primary School
CONTACT NAME : Rachael Chadwick

Thank you for registering your LiveSimply action plan.

The details you entered online are listed below.

Should you have any queries, please visit cafod.org.uk/LiveSimplySchools for the FAQs



Your LiveSimply action plan

Global Actions

Action 1 *Living in Solidarity main action*

1A) ____ We will take part in the CAFOD Big Lent Walk. The whole school will take part in a sponsored walk to raise funds for, and awareness of, CAFOD's work in supporting our global family. (Living in Solidarity)

Global Faith element 1

Romans 12:5

'So in Christ we, though many, form one body, and each member belongs to all the others.'

Philippians 2:3,4

'Value others above yourselves, not looking to your own interests but each of you to the interests of the others.'

Acts 4:32

'All the believers were one in heart and mind. No one claimed that any of their possessions was their own, but they shared everything they had.'

Pope benedict on the Church's Need for Youth: "Dear young people, the Church depends on you! She needs your lively faith, your creative charity and the energy of your hope". (WYD Sydney 2008)

Catholic Social Teaching - Common Good: Social and economic conditions that allow all people, either as groups or individuals, to reach their fulfillment more fully and easily.

School Value: Aspiration - aspiring for a just world

Cafod resources:

Big Lent Walk <https://walk.cafod.org.uk/>

Prayers <https://cafod.org.uk/education/primary-teaching-resources/children-s-prayers/bidding-prayers-for-schools>

Global Learning element 1

- We are part of a global family.
- Our actions can have an impact on our brothers and sisters around the world.
- We can take action to build a just world.
- Our voice matters.
- Our community reaches out to others.
- The work of Cafod
- Knowledge of some Cafod projects

How will you involve the wider community taking part in this action i.e. governors/families/parishioners/local people?

- We will welcome Cafod volunteers for assemblies and workshops to link with the wider church.
- We will raise awareness with our families and wider community through newsletters and activities at home.

- We will ask our families for sponsorship to raise money for Cafod.
- We will make posters to show our messages as we walk around our community.

Would you like a CAFOD visitor to deliver an assembly/workshop to support your CAFOD fundraising action? Yes we would like a CAFOD visitor

Action 2

2B) ____ We will take part in climate justice campaign action to support our global family (e.g. contact politicians to ensure the world's poorest communities are at the centre of decision making on climate change, as they are the people most affected). (Living in Solidarity)

Global Faith element 2

Proverbs 31:8-9

"Speak up for those who cannot speak for themselves, for the rights of all who are destitute. Speak up and judge fairly; defend the rights of the poor and needy."

Pope Francis: "As stewards of God's creation, we are called to make the earth a beautiful garden for the human family. When we destroy our forests, ravage our soil, and pollute our seas, we betray that noble calling" (Meeting with Young People, Santo Tomás University, Manila, Jan. 18, 2015).

Catholic Social Teaching - Subsidiarity: The principle that matters should be handled by the smallest, lowest, or least centralized competent authority, empowering local communities.

Catholic Social Teaching - Dignity of Work and Rights of Workers: The economy must serve people, not the other way around, with workers entitled to fair wages, safety, and the right to organize.

School Value: Integrity

Global Learning element 2

- Through the curriculum, children will learn about deforestation, palm oil farming, plastic pollution and the impact of fast fashion.
- Children will learn how to take action to speak up for others.
- Children will learn who our MP is and how they can campaign for change.
- Children will learn about the global campaigns led by Cafod.

Cafod Campaigns: <https://cafod.org.uk/campaign>

Action 3

3A) ____ We will take part in International Day of Peace or World Day of Peace. Included within our actions for this day, pupils will write prayers for our global family impacted by war and conflict. (Living Simply)

Global Faith element 3

St Francis of Assisi: "Lord, make me an instrument of your peace; where there is hatred, let me sow love"

Pope Leo XIV on Active Peacemaking: "Peace begins with each of us: with the way we look at each other, listen to each other, talk about each other".

Pope Leo XIV: "What we need is to cultivate peace in our own hearts and in our relationships, to let it blossom in our daily actions, to work for reconciliation in our homes, our communities, our schools and workplaces."

Colossians

'Bear with each other and forgive one another if any of you has a grievance against someone. Forgive as the Lord forgave you. And over all these virtues put on love, which binds them all together in perfect unity.'

John 14:27

'Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid.'

St Teresa of Calcutta - 'What can you do to promote world peace? Go home and love your family.'

St Teresa of Calcutta - 'Peace begins with a smile.'

Catholic Social teaching - Promotion of Peace: The pursuit of peace and reconciliation to resolve conflict.

School Value: Peace

Global Learning element 3

- Children will learn about the International Day of Peace (21st September) and we will mark it as a school. <https://www.un.org/en/observances/international-day-peace>

- Children will learn about places in the world where there is conflict.
- Children will write prayers for peace to share with each other and the wider community.
- Children will develop the skills of conflict resolution.

Local Actions

Action 1

1A) ___ We will create/maintain a link with a local care home, enabling our younger and older generations to share time together (e.g. talking, playing games such as dominos, learning more about the life of our older community, hearing top tips, singing to/with them, sending cards/letters). (Living Simply)

Local Faith element 1

Ephesians 4: 1-5 United across generations

'As a prisoner for the Lord, then, I urge you to live a life worthy of the calling you have received. Be completely humble and gentle; be patient, bearing with one another in love. Make every effort to keep the unity of the Spirit through the bond of peace. There is one body and one Spirit, just as you were called to one hope when you were called; one Lord, one faith, one baptism; one God and Father of all, who is over all and through all and in all.

Not all of us can do great things but we can do small things with great love. *St. Teresa of Calcutta*

Catholic Social Teaching Principle: Solidarity- The recognition that all people belong to one human family, requiring a commitment to the well-being of others.

School Value: Service

Local Learning element 1

The value of older people

The importance of intergenerational dialogue

Stories from the past / local history

Compassion for others

Action 2

2C) ___ We will help care for our local church grounds (e.g. tidying the grounds, planting new shrubs and flowers, gardening chores). (Living Sustainably)

Local Faith element 2

Genesis 1:26

Then God said, "And now we will make human beings; they will be like us and resemble us. They will have power over the fish, the birds, and all animals, domestic and wild, large and small."

Pope Francis: "The Earth is our environment to protect and the garden to tend to."

Catholic Social Teaching Principle: Stewardship of Creation- The responsibility to care for the environment and all of God's creation.

School Value: Resilience

Local Learning element 2

How to plant and cultivate seeds to grow fruit, vegetables and herbs

A greater understanding of where our food comes from

How to plant and grow wildflowers
The importance of pollinators
Family gardening
The patience needed to know we won't see the fruits of our labour for weeks/months
The feeling of manual work
Teamwork
How to use gardening tools
The beauty of working outdoors
Social enterprise - deciding what to do with the fruit and vegetables grown

Earth Day 22nd April: <https://www.earthday.org/>
RHS School Gardening: <https://www.rhs.org.uk/education-learning/school-gardening>
Grow to School: <https://www.growtoschool.co.uk/>
Links with Croxteth Park

Action 3

3B) ____ We will support our local foodbank. Pupils will be involved with organising, promoting, and checking the donations. Where possible we will visit a local foodbank or invite a representative to school to share more about their work. (Living in Solidarity)

Local Faith element 3

Matthew 25: 35-46

For I was hungry and you gave me something to eat, I was thirsty and you gave me something to drink, I was a stranger and you invited me in, I needed clothes and you clothed me, I was sick and you looked after me, I was in prison and you came to visit me.

Then the righteous will answer him, 'Lord, when did we see you hungry and feed you, or thirsty and give you something to drink? When did we see you a stranger and invite you in, or needing clothes and clothe you? When did we see you sick or in prison and go to visit you?'

The King will reply, 'Truly I tell you, whatever you did for one of the least of these brothers and sisters of mine, you did for me.'

Isaiah 58:10

'Feed the hungry, and help those in trouble. Then your light will shine out from the darkness, and the darkness around you will be as bright as noon.'

Romans 12:13:

"Share with the Lord's people who are in need. Practice hospitality."

"You pray for the hungry then you feed them. That's how prayer works."

Pope Francis

Catholic Social Teaching principle: Preferential Option for the Poor - A moral call to prioritise the needs of the poor and vulnerable in society.

School Value: Service

Local Learning element 3

The significance and celebration of the harvest

An appreciation for those involved in producing our food

Acts of charity - collecting donations for the local foodbank

An understanding of the work of the local foodbank

The importance of looking after the most vulnerable in our community

Giving to others brings happiness to ourselves

School Actions

Action 1 – Living Simply main action

1A) ____ We will create/develop a prayer garden/outdoor spiritual space involving all pupils in some way (e.g. design, creation, prayer stones, planting bulbs, scattering seeds, creating prayers, leading worship). (Living simply)

School Faith element 1

Matthew 18:20

'For where two or three gather in my name, there am I with them.'

St Francis of Assisi - Canticle of the Sun

We praise you, Lord, for all your creatures,
especially for Brother Sun,
who is the day through whom you give us light.

We praise you, Lord, for Sister Moon and the stars,
in the heavens you have made them bright, precious and fair.

We praise you, Lord, for Brothers Wind and Air,
fair and stormy, all weather's moods,
by which you cherish all that you have made.

We praise you, Lord, for Sister Water,
so useful, humble, precious and pure.

We praise you, Lord, for Brother Fire,
through whom you light the night.

We praise you, Lord, for Sister Earth,
who sustains us with her fruits, coloured flowers, and herbs.

We praise and bless you, Lord, and give you thanks,
and serve you in all humility.

School Value: Excellence and Enjoyment

School Learning element 1

The beauty of nature

The importance of gathering together to pray

Different forms of prayer - meditation, contemplation, rosary

Developing the skills of preparing and leading prayer
Finding quiet in our busy lives
Mindfulness

How will you involve the wider community taking part in this action i.e. governors/families/parishioners/local people?

They will be invited to make donations/contributions to the development of our prayer garden.
They will be invited to the opening of our prayer garden.
The local community of religious sisters in the parish will teach the rosary to our children in the garden.
Families will be invited to join in some prayer times.

Action 2 – Living Sustainably main action

2C) ____ We will take action to Rethink, Refuse, Reduce, Reuse, Repair, Regift, Recycle. Pupils will be involved in implementing, raising awareness, and taking part in actions. (Living Sustainably)

School Faith element 2

There is a time for everything and a season for every activity under the heavens. *Ecclesiastes 3:1-8*

Pope Francis

"Creation is not a property, which we can rule over at will; or, even less, is the property of only a few: Creation is a gift, it is a wonderful gift that God has given us, so that we care for it and we use it for the benefit of all, always with great respect and gratitude" (General Audience, March 21, 2014).

Catholic Social Teaching Principle: Subsidiarity - The principle that matters should be handled by the smallest, lowest, or least centralized competent authority, empowering local communities.

School Value: Aspiration

School Learning element 2

The importance of recycling.
How to recycle properly
What happens to items when they are recycled
Why we need to use the 7 Rs to reduce our impact on the environment
Finding ways for the school community to reuse - plan and deliver actions such as book swaps, uniform banks, toy swaps etc.
Planning education for the wider community eg, messages in the weekly newsletter

How will you involve the wider community taking part in this action i.e. governors/families/parishioners/local people?

They will be invited to contribute items for 'reuse' projects.
We will offer education to the community on the importance of the 7 Rs.
They will be invited to participate in projects eg. book swaps.
If members of the community have particular skills in sustainability issues, we will invite them to share these with our school community.
Work with Dr Ikani Ngedu to develop workshops in school based on his book 'Sustainability for the African Child'.

Action 3

3B) ____ We will use our school grounds to live more sustainably (e.g. growing produce, planting wildflowers and pollinator friendly plants, planting trees). (Living Sustainably)

School Faith element 3

Pope Francis: "We are stewards, not masters of our earth. Each of us has a personal responsibility to care for the precious gift of God's creation".

Pope Benedict: "Dear young people, let me now ask you a question. What will you leave to the next generation? Are you building your lives on firm foundations, building something that will endure?".

Catholic Social Teaching Principle: Stewardship of Creation -The responsibility to care for the environment and all of God's creation.

School Value: Integrity

School Learning element 3

The importance of caring for creation - our common home

How to plant and grow pollinator friendly plants

The importance of pollinators

Gardening techniques

The value of sustainability

The understanding that small actions can make a difference to our world

Main Actions

Living Simply

1A) ___ We will create/develop a prayer garden/outdoor spiritual space involving all pupils in some way (e.g. design, creation, prayer stones, planting bulbs, scattering seeds, creating prayers, leading worship). (Living simply)

Living Sustainably

2C) ___ We will take action to Rethink, Refuse, Reduce, Reuse, Repair, Regift, Recycle. Pupils will be involved in implementing, raising awareness, and taking part in actions. (Living Sustainably)

Living in Solidarity

1A) ___ We will take part in the CAFOD Big Lent Walk. The whole school will take part in a sponsored walk to raise funds for, and awareness of, CAFOD's work in supporting our global family. (Living in Solidarity)

School/Contact Details

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