

Lunch Menu Week 1



w/c 24th February	 Planet Friendly MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Chef Choice	Red pepper Soup	Tomato and Basil	Broccoli and Cheddar	Leak and potato
HOT MAINS	Wholemeal Pizza and Wedges V	Wholemeal Spaghetti Beef Bolognese with Salad and Garlic Bread	Chicken Fajita Wraps served with onions, peppers and tomatoes	Ham Roast Dinner with cauliflower cheese and roast new potatoes	Fish Cake or Fish Fingers with chips and mushy peas
	Spanish Omelette V	Vegetarian Sausage Toasties V	Cheese and Red Onion Quiche V	Vegetarian Chilli with Rice V	Veggie Fingers V
CHEF SPECIAL	Ask Chef about todays special!				
DESSERT	Fresh Fruit Salad Ve	Fresh Fruit trifle V	Sticky Toffee pudding , Yoghurts V	Bakewell Cherry Slice V	Cheese and Crackers V


Available Daily: Jacket potatoes with tuna, cheese or beans, salad, hummus, fresh fruit and yoghurt

Please speak to a member of staff about dietary requirements. All menus are checked by a nutritionist and adhere to School Food Standards.

V Vegetarian
Ve Vegan
 Oily fish

Lunch Menu Week 2



w/c 3rd March	 Planet Friendly MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Carrot and Coriander	Tomato and Basil	Chef Choice	Pea and Spinach	Chef Choice
HOT MAINS	Tomato and Basil Pasta V	Beef Chilli Tacos with tortilla chips	All Day Breakfast	Homemade Scouse with Crusty Bread and Pickled Beetroot	Fish Fingers with Chips and Garden Peas
	Vegetarian chilli and rice V	Asian Noodles V	Roasted Red Pepper Quiche V	Quorn Stovies V	Welsh Rarebit V
CHEF SPECIAL	Ask Chef about todays special!				
DESSERT	Sponge Cake and Custard V	Ginger Biscuits V	Fresh Fruit Salad V	Fresh Fruit Trifle V	Barabrith V





Available Daily: Jacket potatoes with tuna, cheese or beans, salad, hummus, fresh fruit and yoghurt

Please speak to a member of staff about dietary requirements. All menus are checked by a nutritionist and adhere to School Food Standards.

V Vegetarian
Ve Vegan
 Oily fish

Lunch Menu Week 3



w/c 10th March	 Planet Friendly MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Chef Choice	Tomato & Basil	Broccoli and Cheddar	Roasted Pepper	Chinese Sweetcorn
HOT MAINS	Quorn Mince Cottage Pie V	Jewel's Chicken Karahi with wholegrain Rice	Chef Daniel's Beef and Bean Quesadillas	Beef Stifado with wholegrain Rice	Fish Fingers or Tandoori Salmon  with Chips and Garden Peas
	Broccoli and Cream Cheese Pasta Bake V	Spanish Omelette with salad V	Vegetable and Lentil Stew Ve	Vegan Ravioli in Homemade Tomato Sauce with Crusty Bread Ve	Veggie Sausage Roll V
CHEF SPECIAL	Ask Chef about todays special!				
DESSERT	Fresh Fruit Salad Ve	Apple Flapjacks V	Sponge Cake topped with Jam and Whipped Cream V	Shortbread Biscuits V	Cheese and Crackers V





Available Daily: Jacket potatoes with tuna, cheese or beans, salad, hummus, fresh fruit and yoghurt

Please speak to a member of staff about dietary requirements. All menus are checked by a nutritionist and adhere to School Food Standards.

V Vegetarian
Ve Vegan
 Oily fish

Lunch Menu Week 4



w/c 17th March	 Planet Friendly MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Chef Choice	Roasted vegetable	Lentil	Red pepper Soup	Chinese Sweetcorn
HOT MAINS	Cheesy Beans Pasta Bake v	Chicken pie with New potatoes and baby carrots	Meatball Sub with tortilla chips and salad	Carbonara Penne Pasta Bake with Sweetcorn and Homemade Garlic Bread	Fish Fingers or Tandoori Salmon  with Chips and Peas
	Cherry Tomato and Cheese Quiche with Salad v	Veggie Toad in the Hole v	Vegetable paella Ve	Vegetable and Rice Enchiladas v	Veggie Sausage Roll v
CHEF SPECIAL	Ask Chef about todays special!				
DESSERT	Chocolate Fudge Cake v	Ginger Biscuits v	Pineapple and Coconut Sponge v	Scones and whipped Cream v	Cheese and Crackers v

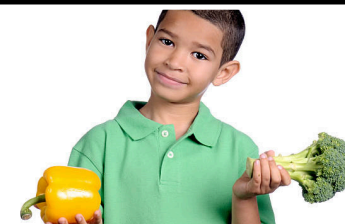



Available Daily: Jacket potatoes with tuna, cheese or beans, salad, hummus, fresh fruit and yoghurt

Please speak to a member of staff about dietary requirements. All menus are checked by a nutritionist and adhere to School Food Standards.

v Vegetarian
Ve Vegan
 Oily fish

Lunch Menu Week 5



w/c 24th March	 Planet Friendly MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Carrot and Coriander	Broccoli and Cheddar	Chef Choice	Pea Soup	Chinese Sweetcorn
HOT MAINS	Wholemeal Pizza and wedges V	Homemade Chicken Korma Curry with wholegrain Rice, Green Beans and Mango Chutney	Rich Sausage and Lentil Ragù with Mash	Spaghetti Beef Bolognese	Fish Fingers with Chips and Garden Peas
	Meat free burritos V	Vegetable and Lentil Stew Ve	Tomato and Basil Pasta V	Spanish Omelette with Salad V	Veggie Sausage Roll V
CHEF SPECIAL	Ask Chef about todays special!				
DESSERT	Fresh Fruit Salad Ve	Apple Flapjacks V	Iced Sponge Cake with Custard V	German Apple Cake Ve	Cheese and Crackers V








Available Daily: Jacket potatoes with tuna, cheese or beans, salad, hummus, fresh fruit and yoghurt

Please speak to a member of staff about dietary requirements. All menus are checked by a nutritionist and adhere to School Food Standards.

V Vegetarian
Ve Vegan
 Oily fish

Lunch Menu Week 6



w/c 31st March	 Planet Friendly MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Chef Choice	Tomato and Basil	Red pepper Soup	Chef Choice	Chinese Sweetcorn
HOT MAINS	Quorn stovies 	Sausage Casserole with Pasta	Steak and Vegetable shortcrust pie with New Potatoes and Peas	Chicken Fajita wraps with onions, peppers and tomatoes	Fish Fingers or Tandoori Salmon  with Chips and Garden Peas
	Welsh Rarebit 	Quorn mince Cottage Pie with Baby Carrots 	Vegetable and Rice Enchiladas 	Cheese and Red Onion Quiche 	Veggie Sausage Roll 
CHEF SPECIAL	Ask Chef about todays special!				
DESSERT	'Chocolate' Fudge Cake 	Oat Cookies 	Sticky Toffee Pudding 	Fresh Fruit Salad 	Cheese and Crackers 



Available Daily: Jacket potatoes with tuna, cheese or beans, salad, hummus, fresh fruit and yoghurt

Please speak to a member of staff about dietary requirements. All menus are checked by a nutritionist and adhere to School Food Standards.

 Vegetarian
 Vegan
 Oily fish